

# THE FHVC VOLUNTEER BULLETIN

## Memorial Day Remembering those who served



## Events Around Town

**Monday May 26; 9:30am**

*Sunset Cemetery; Manhattan KS*

Memorial Day service with the Manhattan Municipal Band. American Legion Post 17 will lead the service.

**Monday May 26; 10:00am-2:00pm**

*Midwest Dream Car Collection; Manhattan, KS*

Special hours in recognition of Memorial Day

**Monday May 26; 7:30pm**

*Larry Norvell Band Shell; Manhattan, KS*

Manhattan Municipal Band



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@flinthillsvolunteercenter



@flinthillsvc



**Lori Bishop,  
Executive  
Director**

*“No one is more  
cherished in this  
world than someone  
who lightens the  
burden of another.  
Thank you.”  
-Joseph Addison*

Greetings Volunteers,

It has been a very busy couple of months in the office. Unfortunately, I don't have any news to share just yet on a new Program Services Coordinator. We are waiting for news that our grant was funded. Until then, we are limited to what we can do. It has definitely been a lot of extra work for me and Abby to keep things going as normal. Special thanks to Aillene for helping us keep social media posts up to date, and to Tina and Pat for helping with office work! Thank you all for your patience! I've never eaten so much chocolate and chocolate chip cookies. Yikes!

Now that we are in the spring and summer months, we are urgently in need of some volunteer help. One of those is to mow the lawn of an elderly senior. Right now, we have 6 clients that need their lawn mowed. Please reach out to us if you could take on one senior citizen and mow that yard weekly.

Additionally, we are in urgent need of medical transportation drivers. We currently have 60 clients that need a ride to and from a medical appointment. Trust me, you will meet some amazing people and quickly become friends!

On May 26<sup>th</sup>, we join everyone in honoring and mourning the U.S. military personnel who died while serving in the United States Armed Forces. On this day, please visit cemeteries and memorials to mourn the military personnel who died in the line of duty.

Happy Mother's Day and Father's Day to all. Juneteenth Celebration - June 13<sup>th</sup> & 14<sup>th</sup> at MHK City Park & Historical Yuma Street Area

Please remember to submit your volunteer hours to us! You can do so online at <https://flintheillsvolunteercenter.com/get-involved/#hours>, email us, or call them in!

Thank you, volunteers, for all you do!

Lori

## Coordinator Update

I've enjoyed seeing volunteer timesheets come in and seeing the variety of what some of you are doing in Riley County. Because of this, I was able to reach out to the organizations that you volunteer with so that we can collaborate together in documenting your hours. Let's keep the momentum going! I love the fact that we can partner with so many non-profits in this community.

We have enrolled 197 new volunteers since January! This is amazing! Please turn in your volunteer hours and let us know what you did. If you need help finding a volunteer position, let us know. We have plenty!

-Lori



**Abby Muth,  
Volunteer  
Coordinator**

Wow, it's hard to believe that summer is almost here, and I'm sure I'm not the only one feeling the excitement! As the end of the school year approaches, it's a moment of reflection for many students, including myself. I am thrilled to share that I will be graduating with my Bachelor's degree from Kansas State University in May! This milestone is such a significant achievement, and as I look ahead, I can't help but feel a surge of excitement about the many adventures and opportunities that await me.

That said, I'm also focusing on how to make the most of my summer, especially with the volunteer program. I am working hard to figure out what this summer will look like in terms of giving back to the community and how the program can continue to grow in that aspect. Giving back to the community provides a sense of fulfillment and purpose that can be hard to find in other areas of life. It offers the chance to learn new skills, meet new people, and develop a deeper sense of empathy and connection with others. Volunteering can also open doors to new opportunities and experiences, all while making a positive impact on the world around you.

I hope to see you out there volunteering this summer!

-Abby



## Upcoming Events & Ongoing Opportunities

Please contact the office if any of these upcoming opportunities interest you!

### **Medical Transportation Drivers**

Our office is in need of volunteers who can help drive local residents to medical appointments within Manhattan. A few of our drivers are either moving from the area or needing to attend to family matters that will keep them from driving at this time. Your help to keep this program running smoothly is greatly appreciated! This is a flexible opportunity depending on your schedule, but you must have a safe driving record, insurance, and a reliable vehicle.

### **Neighbor 2 Neighbor**

As spring approaches, we are seeking individuals who are willing to assist our neighbors by mowing their lawns. This year, we have several neighbors in need, but unfortunately, not enough volunteers. While some neighbors have their own mowers, others may require assistance with equipment. If you are interested in offering your help, please contact us at [fhvc.csc@gmail.com](mailto:fhvc.csc@gmail.com).

### **Caregivers Newsletter: Monthly on the first or second Tuesday** North Central-Flint Hills Area Agency on Aging: 401 Houston St

Volunteers are needed to help fold, label, and send the monthly Caregivers newsletter. The newsletter is mailed to more than 1,800 households and depends on volunteers to prepare it for mailing.

Currently, the newsletter has been taking a little longer to prepare. Please pay attention to weekly emails or give the office a call to confirm when help will be needed each month.



## **Learn More:**

*Program Services Coordinator*  
[fhvcmhk@gmail.com](mailto:fhvcmhk@gmail.com)  
(785) 776-7787



This month, we are thrilled to highlight our incredibly dedicated and compassionate students from Anthony Middle School's JAG-K program. These students have been instrumental in making this year's Easter holiday an amazing experience. The students went above and beyond, generously volunteering their time and energy to spread joy in our community. Their efforts were especially felt by the residents at Via Christi Village in Manhattan, Kansas.

A group of 42 dedicated students spent the afternoon engaged in a meaningful and creative activity, where they painted beautiful wooden spring ornaments and crafted heartfelt cards for the residents of Via Christi Village. This thoughtful gesture not only brings joy to the residents but also strengthens the bond between the students and the community. Via Christi Village, who has been an incredible supporter of their school events, will be touched by the students' efforts and generosity.

## Upcoming Events & Ongoing Opportunities

### **Bill Snyder Half Marathon & 5K**

May 23, May 24; 6:30-10:30 AM

A group of volunteers is needed on Friday, May 26th for approximately 2 hours to help set up the event at Bill Snyder Stadium. Time is flexible between 10-3 PM. Volunteers are also needed on the day of the race to help with road closures to keep runners safe by stopping cars or directing runners.



## **Learn More:**

**Abby Muth**

*Volunteer Coordinator*

*fhvc.csc@gmail.com*

*(785) 776-7787*

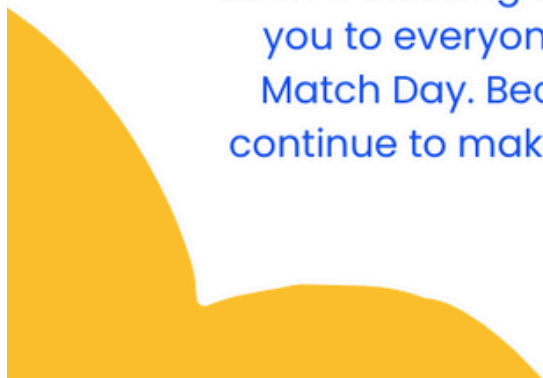
<https://www.flinthillsvolunteercenter.com/csc/>

**We want to extend our sincere thanks to everyone for your generosity and support! We would like to thank the Greater Manhattan Community Foundation for the opportunity to raise money, along with matching funds, on Grow Green Match Day. We were able to raise \$8,958 to support our Riley County RSVP program! Our Board of Directors and Staff thank you!**



**THANK YOU  
FOR YOUR SUPPORT  
\$8,958 RAISED!**

During this time of uncertainty, your support has truly been a blessing to us and the people we serve. Thank you to everyone who donated to the Grow Green Match Day. Because of your compassion, we can continue to make a difference and touch the lives of others. Together.



# Volunteer Opportunities

## May:

TBD: Caregivers Newsletter; 9am, 401 Houston St  
9th: Harvesters; 3:30pm, Blue Valley Memorial UMC  
11th: Mother's Day  
20th: Harvesters; 9:30am, Cico Park  
26th: Memorial Day; Office Closed  
27th: Harvesters; 9:30am, Ogden Community Center  
27th: Harvesters; 12:15pm, Downtown Manhattan (by Dillard's)

## June:

TBD: Caregivers Newsletter; 9am, 401 Houston St  
13th: Harvesters; 3:30pm, Blue Valley Memorial UMC  
15th: Father's Day  
17th: Harvesters; 9:30am, Cico Park  
19th: Juneteenth; Office Closed  
24th: Harvesters; 9:30am, Ogden Community Center  
24th: Harvesters; 12:15pm, Downtown Manhattan (by Dillard's)

## Ongoing Opportunities:

Accord Hospice: Accord Hospice volunteers come from all walks of life and they find time to give of themselves to help others. Providing caring support to ease the loneliness, fear, and grief of patients suffering from a terminal illness; helping families cope is what drives their volunteer work. Volunteers can help with a variety of tasks including helping in the Accord office or directly with those in care.

Via Christi Hospital: Volunteers interested in helping patients and their families are needed! At this time, all volunteers are required to have a current flu shot and all relevant COVID19 vaccinations. Volunteers may also need to wear (provided) surgical masks while serving in the building- this requirement depends on the case levels in Riley and Pottawatomie counties and is subject to change.

## Cookie Brigade:

May 8  
June 12

Cookies should be freshly baked within 24 hours of delivery to our office at 322 Houston Street, Suite 104 (Thursday by 1pm or the Wednesday before). Volunteers will package the cookies at the office before delivery.



*Welcome to  
our 59 new  
volunteers &  
groups who  
have enrolled in  
March & April!*

# Flint Hills Volunteer Center

322 Houston St Suite 104  
Manhattan, KS 66502  
(785) 776-7787  
fhvcmhk@gmail.com



AmeriCorps Seniors, Kansas Volunteer Commission, YES! Fund, Riley County Council on Aging, Greater Manhattan Community Foundation

The Flint Hills Volunteer Center is driven by its mission of connecting volunteers to the needs of our community. As our community grows rapidly, the issues we face continue to increase in providing resources for unmet basic human needs.

AmeriCorps Seniors (formerly RSVP) is one of the largest volunteer networks in the nation for people 55 and over. Volunteers use the skills and talents they've learned over the years, or they develop new ones while serving in a variety of volunteer activities within our community.

Volunteers are needed every day for a variety of opportunities in Riley, Geary, & Pottawatomie counties. If you are not currently enrolled with our program and would like to learn more about how to help, please contact us for more information.

785-776-7787  
fhvcmhk@gmail.com  
flinthillsvolunteercenter.com

Our communities depend on great volunteers like you!